## Section 1: Stop reading when you see, “What is enthalpy of a reaction?”

1. Give 2 examples of endothermic reactions.
2. Give 2 examples of exothermic reactions.
3. Why is heat released or absorbed in a chemical reaction?
4. What happens when water goes through the three different states of matter?

Section 2:

What does the prefix endo mean? Exo?

Section 3,4 and 5

The life warming jacket link is not working on blendspace. Here is the [link](https://www.sciencenewsforstudents.org/article/warming-life-jacket).

These are three examples of exothermic reactions. Who do you think each example would most benefit? What situations would these be useful for?